



## A Discourse Delivered in the Methodist Episcopal Church, at Raleigh, N. C., on Sunday, 20th of November, 1842 (Classic Reprint) (Paperback)

By Charles M F Deems

Forgotten Books, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Excerpt from A Discourse Delivered in the Methodist Episcopal Church, at Raleigh, N. C., On Sunday, 20th of November, 1842 God has ordained in our constitution that mental and physical health and happiness shall ever be joined with exercise of mind and body. This is a law the slightest infringement of which will ever be attended by a proportioned punishment. Nature has made us all animal loco motives, and the most painful position in which we can be placed is that which will cause us to rust out. The only manner in which we can possibly be happy is to be moving, acting. The moral atmosphere in which God has placed us is propelling and if we stand still in society we will be jostled by our driving neighbors and ?ung from the track. The illustration of the evil effect of inactivity and the benefit of labor, in our physical nature is very perceptible. If you take any man of great bodily strength, (which, of course, was acquired by labor, for that is nature's law, ) and so confine...



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