



## Little Book of Mindlessness (Hardback)

By Giddy Knowall

Carlton Books Ltd, United Kingdom, 2015. Hardback. Book Condition: New. 148 x 122 mm.

Language: English . Brand New Book. The Little Book of Mindfulness by Tiddy Rowan is a global bestseller, which has been praised for helping readers discover a renewed energy and sense of true inner peace. Focus , Slow down and De-stress are its core mantras, but such words of wisdom aren t for everyone. So prepare to meet the book s directionless, foolhardy and reckless parody: The Little Book of Mindlessness, by Giddy Knowall, the perfect antidote to dull, tedious and condescending so-called inspirational self-help books.



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[ 5.72 MB ]

### Reviews

*Very good eBook and valuable one. Better then never, though i am quite late in start reading this one. I am very easily could possibly get a satisfaction of reading through a created publication.*

-- **Brianne Heidenreich**

*Very useful to all category of individuals. It is one of the most amazing publication i have got read through. You will not feel monotony at anytime of your respective time (that's what catalogs are for about when you question me).*

-- **Mr. Johnathon Dach**

## See Also



### **Ninja Adventure Book: Ninja Book for Kids with Comic Illustration: Fart Book: Ninja Skateboard Farts (Perfect Ninja Books for Boys - Chapter Books for Kids Age 8 - 10 with Comic Pictures Audiobook with Book)**

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.BONUS - Includes FREE Dog Farts Audio Book for Kids Inside! For a very time limited period you can download...



### **A Little Wisdom for Growing Up: From Father to Son**

Wipf Stock Publishers, United States, 2007. Paperback. Book Condition: New. 193 x 119 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Description: A Little Wisdom for Growing Up is an ancient form of storytelling, of passing on wisdom between...



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Book Condition: Brand New. Book Condition: Brand New.



### **The Wolf Watchers: A Story of Survival (Born Free Wildlife Books)**

Templar Publishing, 1998. Paperback. Book Condition: New. Shipped from the UK within 2 business days of order being placed.



### **The Wolf Who Wanted to Change His Color My Little Picture Book**

Auzou. Paperback. Book Condition: New. Eleonore Thuillier (illustrator). Paperback. 32 pages. Dimensions: 8.2in. x 8.2in. x 0.3in. Mr. Wolf is in a very bad mood. This morning, he does not like his color anymore! He really wants to try another one, just to see...



### **My Little Bible Board Book**

Lion Hudson Plc. Board book. Book Condition: new. BRAND NEW, My Little Bible Board Book, Christina Goodings, Melanie Mitchell, This colourful, chunky board book retells the Bible in 20 favourite episodes so that young children may begin to explore the Bible for...