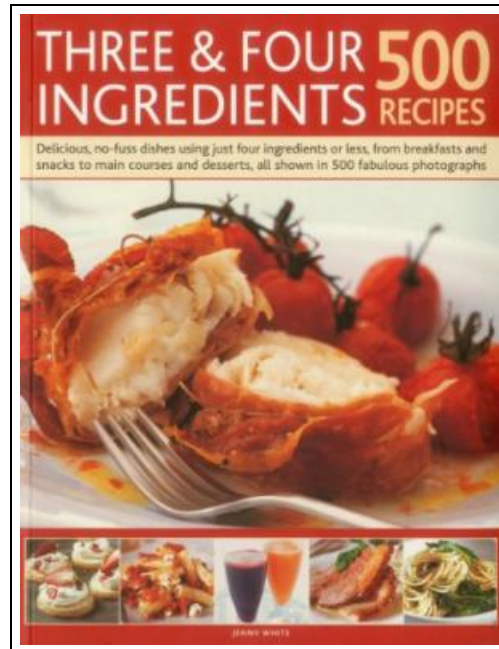


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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, **Three & Four Ingredients: Delicious, No-fuss Dishes Using Just Four Ingredients or Less, from Breakfast and Snacks to Main Courses and Desserts, All Shown in 500 Fabulous Photographs**, Jenny White, This title features delicious, no-fuss dishes using just four ingredients or less, from breakfast and snacks to main courses and desserts, all shown in 500 fabulous photographs. This unbeatable recipe collection is a must-have for every busy cook - each delicious recipe can be put together from either 1, 2, 3 or 4 key ingredients. Here are over 500 fabulous fuss-free ideas for quick and easy brunches, appetizers, lunches, vegetarian dishes, meaty mains, fish and shellfish, party snacks, al fresco food, breads, bakes, cakes, desserts and more. It features recipes that represent a range of international cuisines, from Chinese and Indian to Italian and Portugese; choose from Grilled Oysters with Heather Honey, Thai-style Rare Beef and Mango Salad, and Rose Petal Sorbet. Emphasis is placed on fresh, healthy ingredients and all recipes are accompanied by full nutritional advice. This fantastic collection is ideal for the food-loving cook with little time to spare. More than 500 superb recipes show that if you don't have hours to shop or devote to preparation it does not mean missing out on tasty, home-prepared meals. From classic brunches to tempting soups and appetizers, plus all kinds of main course dishes and desserts, every recipe tastes sensational but requires only a few ingredients. For a quick lunch, try Baked Leek and Potato Gratin, or Haddock with Fennel Butter for an appetizing supper. With over 500 lovely images to inspire, this is the must-have resource to preparing healthy, home-cooked and delicious food.

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