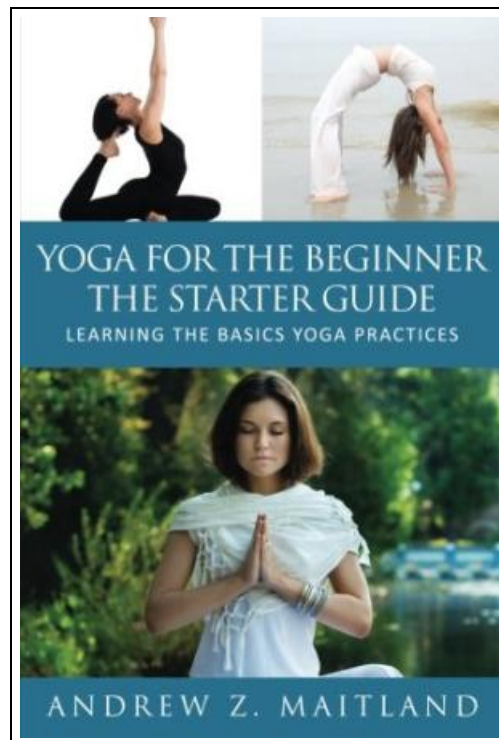


## Yoga for the Beginner: The Starter Guide: Learning the Basics Yoga Practices



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